



TRAVEL ITINERARY

NATEM TOUR

DAY ONE

- Pick-up in Puyo at bus Terminal at 12:00
- Arrival at the community
- Snack
- Dinner

DAY TWO

- Breakfast
- Walk to the forest lodge. Medicinal plants, legends and ayahuasca ritual. Perhaps seeing the ayahuasca wine and the brewing.
- Fruit for lunch
- Visions and explanations.
- Shower at the waterfall. No dinner (fast)
- Late night ayahuasca.

DAY THREE

- Analyze visions
- Light breakfast
- Trek back to the community
- Lunch

DEPARTURE

PRICES

3 days/2 nights

The price for this tour is 40 USD per person per day